

# *featherhawk* Animal Essences - Mammals



**Bear** Opens the heart; listen within, give birth to new ideas. Gently opens the Heart, giving Mind access to the gifts of Spirit through the intuition and knowing of the heart center. Listen to your inner environment and give birth to new ideas in peace.

AN1 ..... 1/2 oz..... \$8.99

**Coyote** Keeper of the Veil and protector of simplicity. When the veil is lifted, even momentarily, a gift is revealed. It may be a lovely, welcomed gift, or it may be a trick or illusion designed to catch you off guard and give you a much-needed lesson. You may like the lesson, or you may not. Known as the Trickster in many indigenous cultures, Coyote lets you know you are taking yourself too seriously. Be prepared for a pratfall, a slippery banana peel, a carefully hidden practical joke... AND look for the very real lesson behind the laughter and take it to heart.

AN21 ... 1/2 oz..... \$8.99

**Deer** I AM LIGHT. Original innocence. Within each of us there is a point of crystalline Light, the Christ Light. Even when we have hidden our inner light away due to life circumstances, it is always there, always a part of us. Deer helps to access this sacred Light and bring it forward in all of its purity and innocence. Assists the release of negative thought patterns, filling the void with Light.

AN2 ..... 1/2 oz..... \$8.99

**Dog** Remember the importance of loyalty and devotion to yourself. Unconditional love and acceptance of who you are in this moment is not selfish or self-centered – it is imperative to your survival and happiness. Appreciate all that you are and all that you have to share.

AN3 ..... 1/2 oz..... \$8.99

**Dolphin** Keeper of the Divine Breath. Heals spiritual DNA and restores Joy and Breath to the sorrowful spirit. Allow your breath to help you let go of unwanted emotions held in body and soul.

AN19 ... 1/2 oz..... \$8.99

**Horse** Be comfortable in your body and embrace your innate qualities of power, speed and grace. Facilitates the movement of energy in the legs from ankle to hip, grounding the physical body and connecting you to the Earth. Embody emotional awareness and integrate feelings and emotions into your daily experiences and interactions with others.

AN4 ..... 1/2 oz..... \$8.99

**House Cat** When in doubt, pause and take time to reassess your options. Claim authority over the space you occupy, clearly defining your boundaries and owning your personal power. Recognize and embrace the gifts of divine indifference and contentment. Increases self-confidence and self-containment.

AN5 ..... 1/2 oz..... \$8.99

**Jaguar** Walk fearlessly through the darkness with grace and power, tracking your journey and what is important to you. Your fierce independence serves you well, as you rely on your instinct and intuition to guide you. Reclaim your birthright and expand your horizons.

AN16 ... 1/2 oz..... \$8.99

**Opossum** Express authentic facets of yourself, finding ways to share your many interests with diverse groups and individuals. This is not about masks or pretense. It is about communicating authentically with people who, on the surface, may seem quite different from you. As you open to true connection, you will discover your commonalities. Stay true to yourself while honoring their experiences and points of view.

AN7 ..... 1/2 oz..... \$8.99

**Polar Bear** Aligns the etheric body with the physical body, creating a safe space in which the heart can fully express and into which new life, thoughts, dreams, and visions can manifest.

AN20 ... 1/2 oz..... \$8.99

**Porcupine** Know that protection is instantly available to you. Celebrate your vulnerability and innocence as a gift from Spirit. It is safe to let your guard down.

AN8 ..... 1/2 oz..... \$8.99

**Rabbit** Transform the fears you create that escalate based on imagined outcomes rather than what is actually happening in the moment. "But, what if this happens?!?!? And, oh, WHAT IF THAT HAPPENS!?!?!!" All the while, NOTHING is happening except in your imagination! Bring your focus into the present moment and claim your innate wisdom and ability to handle your life.

AN9 ..... 1/2 oz..... \$8.99

**Skunk** Respect, self-esteem, fearlessness, and peacefulness; increases adaptability. You can be noticed peacefully, or forcefully if necessary. Don't hesitate to raise a stink if needed.

AN17 ... 1/2 oz..... \$8.99

**Snow Leopard** Trust your body to take you where you need to go. Aids flexibility and agility, facilitating freedom of movement. Helps your body trust itself and speed recovery from injuries or illness. Take good care of yourself and your body will be there for you when you need it, especially if you're feeling stretched physically or emotionally. Take poor care of yourself and Snow Leopard will help you in a pinch; however, do not take her for granted or use her as a crutch.

AN14 ... 1/2 oz..... \$8.99

**Squirrel** Providence; for knowing you are in the care of God and nature. Maintain balance between work time and play time to be happy and content. Sow seeds for the future as you harvest seeds sown in the past. Let go of any attachment to where or what they will eventually sprout, knowing there will be plenty of whatever you need

whenever you need it.  
AN10 ... 1/2 oz..... \$8.99

**Whale** Take in everything without resistance and allow it to move through you. Discern what you have, keep what you need and let go of what you don't need. Access the ancient knowledge and wisdom of the Earth. Use sound and music to balance and heal yourself and others.

AN11 ... 1/2 oz..... \$8.99

**White Buffalo** Remember the original intent of traditional ways and bring it into present time, free of baggage from the past. Many personal and societal patterns are born from the heart with a noble intent to love, comfort, protect... or some other good purpose. Over the years, much like playing telephone, the original message becomes distorted or misinterpreted, perhaps altered to suit the whims of a parent, leader or society. Reach back and find the original root source of these traditions and bring it forward to serve the highest and best good of all. "Tradition" may include habits and patterns from your own lifetime, your family and friends, the time and culture in which you live, your ancestors, even past lives. Honor them all.

AN18 ... 1/2 oz..... \$8.99

**White Tiger** For those who see everything in black and white, right and wrong, either/or. Learn discernment. Recognize the "other" as another yourself, delight in the differences you perceive, and see the world around you from the perspective of "and/also."

AN15 ... 1/2 oz..... \$8.99

**Wolf** Know and live your purpose with integrity; accept your power and share it without judgment or doubt. Love yourself and others freely, without guilt or expectations. Increase patience and your powers of observation. Unconditional commitment to your family and community.

AN12 ... 1/2 oz..... \$8.99