

# Chakra Stone Essences



CS0 9 cobalt blue 1/2 oz bottles \$55.55

Fossil Bone, Fluorite, Citrine, Arrowhead, Fairy Stone, Silver, Gypsum, Clear Quartz, and Labyrinth

The stone essences of the Chakra Stone Set correlate to the chakra centers in your body. Chakra is a Sanskrit word that means "wheel," and the chakras are energy centers in the physical and subtle bodies that distribute and integrate energy throughout your entire being. According to the Eastern tradition, there are seven chakras and they each play a vital role in supporting "the Whole of You." This Whole includes your physical body, mind, and emotions, as well as your soul and spirit.

The basic psychological and physiological roles of the chakras are introduced below. You will find the location of each chakra in the body, the gland they affect, the color traditionally with the center, and a stone essence that resonates with it. If you would like to know more about chakras, check out the internet or your local library --- there is plenty of information to discover.

The **featherhawk** Chakra Stone Set resonates deeply with the Classic Labyrinth and the Human Spirit, supporting emotional balance and spiritual transformation.

1. Root or Base Chakra (base of the spine; adrenal glands) Color: Red. Stone Essence:

**Fossil Bone**

Tribe/society/family patterns and beliefs, your relationship to your larger community. Impacts legs, feet, immune system, kidneys, spinal column.

2. Navel/Sacral Chakra (at the sacrum; gonads) Color: Orange. Stone Essence: **Fluorite**

One-on-one relationships with others, partnership, creativity, sexuality, and fertility. Impacts sexual organs, reproductive system, digestion, pelvis, hips)

3. Solar Plexus Chakra (at the solar plexus; pancreas) Color: Yellow. Stone Essence: **Citrine**

Your personal power and beliefs, your relationship to yourself. Impacts all organs in the abdomen, digestion, middle spine, nervous system.

4. Heart Chakra (at the heart; thymus gland) Color: Green. Stone Essence: **Arrowhead**

Your emotional power. Connection between spirit and body. Impacts heart and circulatory system, lungs, shoulders and arms, diaphragm, blood.

5. Throat Chakra (at the throat; thyroid gland) Color: Blue. Stone Essence: **Fairy Stone**

Your power of Will, surrender to Divine Will. Where heart and mind meet and you speak your truth. Impacts throat and neck, voice, mouth, teeth and gums, hypothalamus, lungs, bronchi.

6. Brow Chakra (third eye, middle of the forehead; pituitary gland) Color: Indigo. Stone Essence: **Silver**

The power of the mind and seat of inner vision. Impacts brain, nervous system, left eye, ears, nose, lower brain.

7. Crown Chakra (at the top of the head; pineal gland) Color: Violet or White. Stone Essence: **Gypsum**

Your Spiritual Connection to All That Is. Impacts muscular system, skeletal system, skin, right eye, upper brain.

8. Transpersonal Chakra The first center above the Crown Chakra. Color: Magenta.

Stone Essence: **Clear Quartz**

According to the teachings of Hanna Kroeger, the color Magenta represents the Christ frequency.

9. The ninth essence in this set is Labyrinth, which captures the essence of the 7-Path

**Labyrinth**, also called the Cretan or Classic Labyrinth. This sacred Earth pattern is directly related to the seven Chakra centers in the body and is a wonderful tool for enhancing the work you are doing to strengthen and enhance your chakra centers.

## The Essences

**Fossil Bone** Stabilizes form and structure. As you move through chaos and transformation, the form and structure of the Whole of You is continuously realigned. Fossil Bone enables you to adapt to these changes easily and maintain structural integrity.

MN15... 1/2 oz..... \$8.99

**Fluorite** For purification, cleansing and transformation of old patterns; stabilizes relationships; harmonizes and energizes the etheric body. Can be used to address excess fluid in the body.

MN14... 1/2 oz..... \$8.99

**Citrine** *Stabilize emotions, attune to God Self.* Warms the physical body. Clears thoughtforms and stabilizes the emotions, improving concentration and centeredness, and calming irritability. Clears and aligns the Whole of You, attuning you to your Higher Mind, your God-Self.

MN8..... 1/2 oz..... \$8.99

**Arrowhead** *Stay in your heart and do your work.* Integrate life lessons from the past (this lifetime and others) and cut away old patterns and behaviors that no longer serve you. Transform Judgment, against yourself and others, into Forgiveness.

MN4..... 1/2 oz..... \$8.99

**Fairy Stone** Ground and integrate the truth that Spirit and Matter are inextricably connected and embodied in this Earth dimension. Provides grounding for those who are 'out of body' more often than not, helping them focus on the life and tasks at hand.

MN13... 1/2 oz..... \$8.99

**Silver** Activates detached observation of yourself, enabling you to recognize the value of every experience and lesson in this lifetime, especially if you don't like it or it doesn't seem "logical." Heightens intuition and understanding of the powers of the

moon. Enhances conductivity along the Silver Cord, improving communication between your mind and Higher Mind.

MN29 ... 1/2 oz..... \$8.99

**Gypsum** Allays the tension of the outer quest by linking the conscious mind with the inner mystic.

MN18... 1/2 oz..... \$8.99

**Clear Quartz** *Receive & amplify information; communication.* Receiver and amplifier of energy and information; aids communication with all aspects of your being. Synchronizes the Whole of You with All That Is, opening you to wisdom, guidance, and alignment with the Higher Will. NOTE: Be conscious with your use of this crystalline essence as it amplifies without regard to the quality or goodness of the information or energy in its field of impact. If you are ill, angry, sad, or out of harmony for any reason, it will enhance that as easily as it enhances joy, wellness or balance. Use clear quartz (in crystal or essence form) in conjunction with other essences that support your specific needs and it will increase their good effect without regard to your state of mind.

MN10... 1/2 oz..... \$8.99

**Labyrinth** Travel to the Inner Sanctuary. Know you can walk the sacred and singular path to Spirit and back again with confidence, gaining insight, letting go of the past, and finding your Self. Co-created from the energy of the 7-path or Classical labyrinth, the essence can also be used to balance and align the chakras. Consider assigning seven issues, wishes dreams, other topics of interest to the seven paths. Take Labyrinth essence twice a day (morning and night) focusing on one path each day for a week. At the end of the week, revisit the paths you named and notice any differences.

SG11 .... 1/2 oz..... \$12.99

The last two pages include a right-hand and left-hand labyrinth for you to work with if you wish.

Right-hand Labyrinth (first turn is to the right)



Left-hand Labyrinth (first turn is to the left)

