

featherhawk Classic Flowers™



CF0 39 cobalt blue 1/2 oz dropper bottles \$244.44

The ***featherhawk* Classic Flowers™** are based on the traditional flower essences first developed by Dr. Edward Bach in England in the 1920's and 30's. Dr. Bach is considered by many to be the originator of flower essence therapy.

The Classic Flowers are produced using the Attunement Method in which permission is asked of each flower to invoke its healing pattern into water. You will be pleased with the results!

The set includes the following essences: Agrimony, Aspen, Beech, Centaury, Cerato, Cherry Plum, Chestnut Bud, Chicory, Clematis, Crab Apple, Elm, Gentian, Gorse, Heather, Holly, Honeysuckle, Hornbeam, Impatiens, Larch, Mimulus, Mustard, Oak, Olive, Pine, Red Chestnut, Rock Rose, Rock Water, Scleranthus, Star of Bethlehem, Sweet Chestnut, Vervain, Vine, Walnut, Water Violet, White Chestnut, Wild Oat, Wild Rose, Willow, Classic Five Emergency Remedy (equivalent to Rescue Remedy).

The Essences

Agrimony Look at your life and experiences as they really are and recognize the feelings you have that you may be uncomfortable experiencing or expressing. Be willing to feel your feelings and share them with others, honestly and without covering up with jokes or denial. Aids the inner examination of addictive behavior.

CF1 1/2 oz..... \$8.99

Aspen For those times when you experience fear for no apparent reason, or find yourself quaking with anxiety or apprehension. The fear may be centered around

superstitions or religious beliefs, the latest violence or disaster in the media, or from an unremembered experience. For reclaiming your Divine connection and recognizing your ability to move forward free of fear.

CF2 1/2 oz..... \$8.99

Beech For the perfectionist who misses the beauty and goodness of people and situations due to intolerance, criticism and judgment. Consider the possibility you are judging yourself then projecting your negative self-judgment onto others, and give yourself a break. Maintain your strong convictions and high ideals in partnership with tolerance and acceptance of yourself and others.

CF3 1/2 oz..... \$8.99

Centaur You want so much to help that you deny your own needs and may allow yourself to be dominated by others. Learn to say "No!" and mean it because you recognize and honor the value of your own life, skills, and contributions.

CF4 1/2 oz..... \$8.99

Cerato You may often make choices based on the advice of others due to nagging doubts and lack of confidence in your inner guidance. For developing trust and faith in your innate wisdom and ability to make decisions with certainty.

CF5 1/2 oz..... \$8.99

Cherry Plum For times when you find yourself in a situation where you're afraid of losing control of your emotions and causing harm to yourself or others. Reconnect with your innate ability to remain centered and in control of yourself under challenging or stressful circumstances, knowing you will do the right thing.

CF6 1/2 oz..... \$8.99

Chestnut Bud The "Rake Theory" essence. Get your lessons the first time. You're walking across the lawn and step on the business end of a rake. The handle comes up and smacks you in the forehead. If you leave the rake where it is and continue to walk the same path, you'll keep getting smacked in the forehead. Stay present and watch

where you're going. Then move the rake or take a different path---your choice.
CF7 1/2 oz..... \$8.99

Chicory If you find yourself overly concerned with others, being possessive or smothering, or ignoring the importance of their personal choices and actions, or if you feel you know what is best for them and offer unrequested advice, remember everyone must walk their own path and make their own choices. Step back and give your love and support selflessly while honoring their individuality.

CF8 1/2 oz..... \$8.99

Clematis You may be mentally "away" daydreaming about the future where you believe you will be happier, or perhaps you are simply avoiding the present moment because you feel unable to articulate your thoughts and feelings to yourself or others. Become fully present, focused and grounded in your body now and share your gifts powerfully and with confidence.

CF9 1/2 oz..... \$8.99

Crab Apple For cleansing on all levels, physical and ethereal, restoring harmony to body and soul, and remembering the flaws you resent are actually evidence of your earthly perfection. You may spend an inordinate amount of time obsessing over a perceived fault or sense of being unclean or impure, perhaps even ignoring truly important issues or situations in your life.

CF10 1/2 oz..... \$8.99

Elm You know you are competent and capable of achieving your lofty goals and you are committed to serving your mission in life, yet at times the task seems too great. This remedy will help you work through temporary despair and hopelessness and reconnect with the joy of your higher purpose.

CF11 1/2 oz..... \$8.99

Gentian You're going along quite well when a small glitch arises and you are overcome with self-doubt and depression out of proportion to the glitch. Your goals

are achievable; be confident as you learn to flow with the ups and downs along the path.

CF12 1/2 oz..... \$8.99

Gorse You feel like you're "down for the count," yet you are willing to try one more time. You don't think it can possibly help, yet somehow you will not give up just yet. Reattach yourself to hope and life, and remember whatever you want to achieve is always worth another effort.

CF13 1/2 oz..... \$8.99

Heather You may feel lonely or dislike being alone and think talking about yourself and your problems with anyone who will listen will make you feel better. Learn to listen to your inner guidance and keep your own counsel and you'll learn to hear others better, as well.

CF14 1/2 oz..... \$8.99

Holly You may feel unloved, unlovable, insecure, jealous or angry, or maybe you just flat out hate yourself. You may also suspect the motives of others and feel threatened by their achievements. Holly helps restore feelings of love and compassion for yourself and unity with others, rejoicing in their accomplishments and your own.

CF15 1/2 oz..... \$8.99

Honeysuckle Sweet nurturing; for those who feel life is not sweet enough. Bring sweetness back into your life and give yourself permission to nurture yourself and meet your own needs. Learn from the past and release your longing for it; acknowledge the sweetness of the moment.

CF16 1/2 oz..... \$8.99

Hornbeam You may feel overburdened by life, tired, and unable to carry your load or face your responsibilities any longer. Reinvent your connection to everyday activities, tune in to the Earth for increased energy, and begin to enjoy life once again with enthusiasm and commitment. This can lead to a change of job, home or lifestyle – be

willing to trust your heart's longing for fulfillment and take the leap.

CF17 1/2 oz..... \$8.99

Impatiens You know very few people who do things as well or as quickly as you do, so you'd rather take on a task and see it through by yourself because others are often SO S-L-O-W. Relax and align yourself with the natural rhythm and flow of people, projects, and activities, come into the present moment, and allow patience to guide you.

CF18 1/2 oz..... \$8.99

Larch Insecurity and lack of self-confidence can be instilled at a very young age, and are nearly always learned behaviors. Regain your belief in yourself and your abilities through action on your own behalf, expanding your knowledge and experience and remembering your birthright.

CF19 1/2 oz..... \$8.99

Mimulus You may be afraid of things, people or places that are familiar to you, or easily intimidated by people or situations. You may also be fearful of things you don't realize you know. If you experience a mystical encounter or spiritual expansion as frightening, understand you may be opening to a larger reality of who you are, becoming more fully yourself. At the deepest levels, you know what you are getting into, but consciously you may feel afraid and uncertain. Open up with others and speak about what is happening and ask for support.

CF20 1/2 oz..... \$8.99

Mustard When feelings of depression seem to drop in out of nowhere, for no reason, and envelope you completely, you may turn all of your negative thoughts in on yourself. Find insight and wisdom in the depths of the darkness, and reclaim your joy.

CF21 1/2 oz..... \$8.99

Oak Learn to balance work with play, duty to others with responsibility to yourself. You work hard with great devotion and a strong sense of duty, although you may take this to the extreme and ignore your need for rest, play and inner reflection. Know your true

strength rests in your endurance and ability to help others by first meeting your own needs.

CF22 1/2 oz..... \$8.99

Olive If you feel physically or emotionally exhausted, you may be drawing energy from the finite well of your individual personality rather than touching into the infinite well of the One, or All That Is. Rediscover your deep and profound inner resources of stamina and vitality by seeking within for the highest sources available to you.

CF23 1/2 oz..... \$8.99

Pine You may believe everything that goes wrong in the world is your fault, even if you had nothing to do with it. Or perhaps you set standards so high you can't possibly live up to them, then feel like a failure when you miss the mark. Let go of your need to take responsibility for everything. Transform guilt and self-blame into forgiveness and self-acceptance and learn to regard your inherent imperfections as an acceptable condition of being human.

CF24 1/2 oz..... \$8.99

Red Chestnut Always anticipating disaster, you may have no concern for yourself but be perpetually worried about everyone else. If you are constantly thinking, "What if...." and filling in the blank with the worst case scenario, relax! Reconnect with your own center and trust people and events to unfold in divine order for the highest and best good of all.

CF25 1/2 oz..... \$8.99

Rock Rose If fear or terror has overtaken you and you feel as if you can't possibly cope with an accident, nightmare, disaster, or other extreme or uncontrollable event, this remedy will help you. Your fear may also radiate out from you and affect others. Find your inner peace and courage; reach beyond your fear knowing you can do what needs to be done, including helping others in distress.

CF26 1/2 oz..... \$8.99

Rock Water Natural law is flowing, flexible, and responsive to individual feelings and circumstances. If you are rigid or unyielding in your personal standards and expectations of others, learn to "go with the flow" and allow full expression of your feelings and the flow of natural law in your life.

CF27 1/2 oz..... \$8.99

Scleranthus Develop trust in your ability to choose. Decisiveness is a crucial component of transformation and personal growth and is especially needed now. If you find yourself torn between two choices...again, if your mood or energy levels change at the drop of a hat; if you are short on concentration and long on procrastination, and if you keep your misery to yourself, Scleranthus helps you choose quickly and act effectively.

CF28 1/2 oz..... \$8.99

Star of Bethlehem For understanding "shock and trauma" in a new way. Because we are so human, change in our fundamental beliefs and behaviors often requires a physical or emotional trauma to shift our energy, causing us to let go of the old to make way for the new. Star of Bethlehem supports the body to let go of shock, then helps it gain insight from the event itself allowing the trauma to become a catalyst for transformation.

CF29 1/2 oz..... \$8.99

Sweet Chestnut While a "dark night of the soul" may be a time of deep despair and hopelessness that takes you to your limits emotionally, it is also an opening to new opportunity. Allow yourself to fully experience a difficult or challenging process and grow through it. You will see a shift in consciousness that brings you to a new level of soul growth.

CF30 1/2 oz..... \$8.99

Vervain Let go of your rigid attachment and over-zealous enthusiasm for what you believe is right and open yourself to different points of view. Give yourself permission to unwind and relax, allowing your enthusiasm to be shared generously rather than

forced on others.

CF31 1/2 oz..... \$8.99

Vine Lead using guidance and inspiration rather than dominating and intimidating others. The over-bearing and "always right" attitude leads to conflict, resentment, and unwilling compliance. Be a leader who takes responsibility for yourself and others, providing true service that successfully (and joyfully) moves your cause forward.

CF32 1/2 oz..... \$8.99

Walnut Helps you move gracefully through life transitions such as marriage or divorce, moving to a new home or job, passing through milestones in growth and development, losing or gaining family members and friends – any change that upsets your state of balance, whether expected or a complete surprise. Remain focused on your goals, move forward, and avoid the misguided influence of others.

CF33 1/2 oz..... \$8.99

Water Violet You want to be sociable and compassionate yet because you keep your thoughts and feelings to yourself and prefer your own company, you seem distant and aloof to others, perhaps even arrogant or superior. In fact you are competent, quiet and serene and prefer to mind your own business. You are also highly capable and have a strong desire to be of service to others.

CF34 1/2 oz..... \$8.99

White Chestnut Your mind plays the same tape over and over again – you argued with your spouse, your brother's kids just don't act right, your boss is nuts, or _____ (fill in the blank). Restore peace of mind and use your mental energy to resolve issues and make a real difference in your life.

CF35 1/2 oz..... \$8.99

Wild Oat You are ambitious and crave success, but you still don't know what you want to be when you grow up, so your energies are often scattered and unfocused. Reconnect with your original soul intent, claim it, and apply your considerable

energies constructively to your inner calling.

CF36 1/2 oz..... \$8.99

Wild Rose Honor the sacredness of Life. You may be apathetic about your life, drifting along without enthusiasm, and resigned to things you feel cannot be changed. Regain your vitality and be willing to find joy again.

CF37 1/2 oz..... \$8.99

Willow You may feel victimized by others or your life circumstances, entitled to your feelings of resentment or bitterness, or just generally grumpy and irritable. Take responsibility for the conditions of your life, reclaim your sense of humor, choose again, and remember what it feels like to be flexible and optimistic.

CF38 1/2 oz..... \$8.99

Classic Five Emergency Remedy™ Recover rapidly from shock, pain, fear or trauma due to accident, injury, emotional or spiritual emergency, or any unexpected or extreme upset. Relieves stress, reduces pain, and restores harmony.

CF39 1/2 oz..... \$8.99

Classic Five Emergency Remedy™ includes the following **featherhawk Classic Flowers:**

Cherry Plum *For times when you find yourself in a situation where you're afraid of losing control of your emotions and causing harm to yourself or others. Reconnect with your innate ability to remain centered and in control of yourself under challenging or stressful circumstances, knowing you will do the right thing.*

Clematis *You may be mentally "away" daydreaming about the future where you believe you will be happier, or perhaps you are simply avoiding the present moment because you feel unable to articulate your thoughts and feelings to yourself or others. Become fully present, focused and grounded in your body now and share your gifts powerfully and with confidence.*

Impatiens *You know very few people who do things as well or as quickly as you do, so you'd rather take on a task and see it through by yourself because others are often SO*

S-L-O-W. Relax and align yourself with the natural rhythm and flow of people, projects, and activities, come into the present moment, and allow patience to guide you.

Rock Rose *If fear or terror has overtaken you and you feel as if you can't possibly cope with an accident, nightmare, disaster, or other extreme or uncontrollable event, this remedy will help you. Your fear may also radiate out from you and affect others. Find your inner peace and courage; reach beyond your fear knowing you can do what needs to be done, including helping others in distress.*

Star of Bethlehem *For understanding "shock and trauma" in a new way. Because we are so human, change in our fundamental beliefs and behaviors often requires a physical or emotional trauma to shift our energy, causing us to let go of the old to make way for the new. Star of Bethlehem supports the body to let go of shock, then helps it gain insight from the event itself allowing the trauma to become a catalyst for transformation.*