

Peru Essences: Awakening to Unity™



PE0 24 cobalt blue 1/2 oz dropper bottles \$233.00

Awakening to Unity is a journey of remembering and profound healing – an experience in the body and soul rather than an understanding or creation of the mind.

These essences hold the vibrations of sacred places and energies from Peru. All were made in ceremony and each one embodies a unique pattern and healing potential.

Across many cultures and generations we have learned to disconnect ourselves from Life, creating separation and duality where our naturalness and our deepest heart's desire is to be whole. As we cultivate a closer connection to Mother Earth and to each other we can successfully navigate the transitions and transformations before us and thrive into the future.

The Peru Essences assist us in this process, with their most powerful effects in the emotional and spiritual realms. As they restore and replenish our physical and subtle energy bodies, they rebalance our soul on all levels.

Download the Peru Essences Guide with photos and quotes [here](#).

The Essences

Becoming *Humility and Self-Actualization.* Every step taken humbly and with gratitude opens you to more of your inherent potential. There is no path to perfection, the perfection is in the path: a universal process of continual dynamic change and blossoming. The promise of your soul's original passion and intent opens to you in new ways. Keep your attention in the present moment and maintain awareness of the past and future for reference. The persona you have created to feel safe in the world can be set aside now; allow yourself to express your true, expanding, and ever-changing Self. You are the connecting point between Earth and Sky; as you breathe the sky, you become the Omniverse.

PE1 1/2 oz..... \$13.99

Glacier Surrender and let go. Glaciers are melting the world over to demonstrate the power of the Water element – emotion and consciousness – to change the face of life on Earth. Follow their lead and allow the glaciers within your own heart to melt, liberating frozen and blocked emotions. Allow the free flow of your feelings and emotions and become authentically empowered. Let go of judgment, fear and unhealthy attachments. Free yourself from the past and pay attention to synchronicities leading to transformation. All things are impermanent; it's not a catastrophe, it's just the cycle of life. Know that nothing is lost: people, plants and animals will adapt or return to Spirit in their natural rhythm of Life. This is a heart process; you cannot 'figure it out'. Await the knowing.

PE2..... 1/2 oz..... \$13.99

Salt Mine Purification and Protection. Protects your home and other sacred spaces, clearing and cleansing your inner and outer environment. Create and hold a space of refuge and sanctuary, a place of safekeeping. For creating community in a sacred way, gathering together as one, while honoring personal boundaries. The mine within is a rich source of awareness and knowledge that is individually felt and communally shared.

PE3..... 1/2 oz..... \$13.99

Salt Spring Listen to Your Emotions. Your tears are a sign of divine presence, cleansing the Soul and freeing the emotions. Give yourself permission to feel your feelings. Allow tears to flow and observe the emotions that arise. Acknowledge them with compassion, explore their source in this or other lifetimes, and listen for their message. Receive their insights with all of your heart, transforming and regenerating your emotional foundation.

PE4..... 1/2 oz..... \$13.99

Sanctuary of Machu Picchu Reunion and Resilience. Gathering of the Souls. Reconnecting Soul and Body for yourself and for the Earth. Surviving the tests of time through strength, patience and resiliency. Restore harmony to the Feminine (grounding) and Masculine (reaching) within you and in your environment. As these energies become whole and conscious, your inner harmony extends outward, linking you with others of like mind. Find the hidden place of security within your Heart, where you are safe from the enemies of consciousness. Listen carefully to your past, present and future, across lifetimes, and allow these dimensions of yourself to reveal their truth. Be willing to name what you know. There is power in naming - call it what it is.

PE5..... 1/2 oz..... \$13.99

Water of Machu Picchu Strength, Stability and the Path of Least Resistance. Plan carefully for simplicity and sustainability. Become a strong and stable channel for your life purpose. Acknowledge and trust your feelings and allow them to flow with grace. Remain true to your passion, guidance and inner vision, and be, always, in service to the common good. Follow your heart and your path will be revealed.

PE6..... 1/2 oz..... \$13.99

Temple of the Sun Activation and Release. Activate the LightBody. Radiate streams of healing light and restore heart connections that have been lost, forgotten or neglected. Build upon your existing spiritual foundation with grace and gratitude. Reclaim ground that has been desecrated and make it holy again, healing the absence of the sacred. Let go of fears and concerns from the past, continuously expanding your point of view to accommodate unexpected shifts and changes with

confidence. Reawaken memories held beneath conscious awareness. Be prepared yet relaxed and self-assured, free of rigid thinking.

PE7 1/2 oz..... \$13.99

Baptism *Water Initiation: Listen and Remember.* Immerse yourself in your emotional and intuitive nature and discover collective wisdom flowing just beneath the surface of your conscious awareness. Listen carefully. Recognize your feelings as the core of your divinity. Take passionate action, trusting your intuition to guide you. Remember and acknowledge hidden, suppressed or unappreciated emotions. Design a personal water ceremony that speaks to your heart, bringing your past into your 'now', letting go of unnecessary baggage, and beginning anew. Perform this ceremony by yourself or with people you love, allowing the visible rite to reveal your invisible grace.

PE8 1/2 oz..... \$13.99

Saqsayhuaman - Sun Creativity and Wisdom. Embodies the elements of Water and Air, the harmony of emotion and thinking. Align with your purpose and inner drive, tenderly hold to your vision, and live from your heart. Use the power of your attention to focus your mind on what you most want to see and experience. Allow your creativity to blossom and your wisdom to be fully expressed. Eagerly discover and distill the indispensable minimum of knowledge that, because you know it, changes the world. Your knowing is experiential first, then intellectual; be aware of your senses. With discernment and resolve, sift through your clutter and accumulated 'stuff' (physical, emotional, mental, and spiritual) and let go of what no longer serves you. (sack-say-wha'-man, sounds like 'sexy woman')

PE9 1/2 oz..... \$13.99

Saqsayhuaman - Moon Remember Your Story. Embodies the elements of Fire and Earth, the harmony of arousal and grounding. As you recall your story, leave the drama behind and honor your memories, free of judgment and opinion. Allow curiosity, childlike wonder and personal integrity to guide you. Let go of any part of your story that weighs you down and rewrite it to reflect your truth today. Reclaim your pure essence and become the promise of your history. Explore deep into myth and

archetype, into other lifetimes; examine all the resources you can imagine. You are the only one who can truly know your story, and know it you must. It is yours alone; avoid comparison with others. (sack-say-wha'-man, sounds like 'sexy woman')

PE10..... 1/2 oz..... \$13.99

Despacho Fire Initiation: Offerings and Healing Intentions. Send a message of right relationship and reciprocal sharing across the circle of life. Begin with your authentic values, then include people, animals, plants, rocks, streams - all of nature, the world and the universes, bridging ordinary and non-ordinary realms. Always express your profound gratitude to Pachamama (Mother Earth). You are here to make a difference with the gifts you have been given; honor your unique abilities and share them freely. And remember: in honoring the circle, receiving is as important as giving; receive with grace and joy.

PE11..... 1/2 oz..... \$13.99

Doorway Journey to the Inner Self. Prepare to step through this doorway with clear intention and a loving heart, for that is the only energy allowed to enter. Hear the teachings of the ancestors. For new beginnings when you have let go of burdens from the past and the future. Sustains the silence required for deep inner work. Allow the journey to envelope you and share its truth.

PE12..... 1/2 oz..... \$13.99

Serpent of Light Balancing Stillness and Movement. For knowing when to be in motion and when to be still. Stillness is inner tranquility in the midst of activity, which can be experienced as holding perfectly still, or moving from a stable center. Celebrate your personal sovereignty and freedom. Honor your root source, your intimate connection with the core of the Earth, with all life everywhere, and with the divine. Align the sacred place within your heart with the heart of the Earth. Awaken the qualities, secrets and truths of the masculine Himalayas and the feminine Andes within yourself, restoring unity. Emulate the ways of the indigenous peoples who have continuously lived in harmony with the Earth. Claim your stewardship, consecrate your intimate and

holy connection with all of Life, and become the spiritual light that you are.

PE13..... 1/2 oz..... \$13.99

Golden Solar Disk Motivation and Action; Self-Mastery. Inspires and motivates, renewing enthusiasm and prompting action in ordinary and extraordinary areas of your life. Reconnects your Soul with your solar plexus (your center of personal power) and the planetary and universal Solar Plexus. Reminds you of the inner qualities and sacred life tasks you forgot when you were born; find them in the secret temple within. In life, there is always a second chance.

PE14..... 1/2 oz..... \$13.99

Guinea Pig Spiritual Nourishment and the Gift of Service. Accept and share in the holy work with innocence, simplicity and open-heartedness. 'Holy work' is who you are as you move through your day, rather than what you are doing. Be willing to make sacrifices for a greater cause. Maintain personal integrity, rely on your inner knowing, and learn to forgive. Act selflessly and honor everyone's contribution and sacrifice, including your own.

PE15..... 1/2 oz..... \$13.99

Lake Titicaca Soul Connection to Sacred Water. Honor the sacred, life-giving waters that move within, through and around your Body, your Soul, and your Planet. Expand into higher consciousness through emotional truth and authentic self-expression. Be true to your inner sense of what is being asked of you. Beneath the water of consciousness is a treasure of great value ready to awaken; prepare to dive deep.

PE16..... 1/2 oz..... \$13.99

Condor *Air Initiation: the Soaring Heart.* Access the brain in your heart and imagine transformation and ascension. The soaring heart frees you from old shackles and restrictions, while reminding you to be fully grounded in the mundane world. Courage and humility enable you to receive healing, love and support. The beauty and awe of nature is within you and just outside your door. Open this door and reconnect with the

outer nature at your feet and fingertips, and your own nature within.

PE17..... 1/2 oz..... \$13.99

Monument to Humanity Earth Initiation: Healing Separation and Discord. Grounds you to the Earth and reunites you with the full spectrum of Life: Humanity, Nature, the Sky Beings and the Cosmos. Heals feelings of separation and false conflict, restoring partnership and respect across the Earth. Remember your origins in every lifetime. Follow the inner directive that guides you toward peacefulness, truth and wholeness. Know you can stand alone when necessary, and be patient. Being alone is not the same as loneliness. Welcome support from the seen and unseen realms.

PE18..... 1/2 oz..... \$13.99

Healing Cross Grounding and Integration. Draws universal light into your subtle energy field, moves it throughout your physical body to your heart center, then into the Earth and back to your heart in a continuous movement between the universe and Earth, grounding, integrating and refreshing these energies within and around you. From your heart, the gathered energy radiates outward in unending spirals, restoring light and wholeness to the visible and invisible world around you. The rock upon which the cross appears sings to you, restoring order to your cells through sound frequencies beyond your hearing. As you become more grounded, your access to higher consciousness expands.

PE19..... 1/2 oz..... \$13.99

Nazca Lines Pattern and Illumination. Notice patterns in your life. Explore each one in depth to discover its origin and purpose; how does it serve you? You may be seeing just a small part of a larger whole. If so, step back and place some distance between yourself and each pattern to see the bigger picture. Honor its source and give permission for your soul blueprint to illuminate it with the numinous light of its original intent, restoring wholeness and possibility. Listen to your inner guidance and pay attention. As the big picture comes into focus, make room for uncertainty, mystery, and ambiguity. Allow the pattern to heal and the illumination to be revealed.

PE20..... 1/2 oz..... \$13.99

Ica Stones Embrace the Mystery. Welcome wonders and mysteries into your life freely. Dig through layers and dimensions of yourself, exploring the experiences, teachings and beliefs that define your personal truth. Stand up for what you believe in the face of doubt and skepticism. Be willing to let go of anything that no longer matches you; be true to yourself. (pronounced ee'-ka)
PE21..... 1/2 oz..... \$13.99

Cahuachi *Ceremony and Ritual.* Create rituals to celebrate important and everyday occasions, places, values, and beliefs. Do this on your own and in gatherings with others. Create sacred space at home, at work and at play. Establish a daily practice that includes grounding and integrating holiness into your everyday life. Recognize and make sacred the small rituals you perform daily, yet may take for granted: brushing your teeth, fixing a meal, driving to work. It is all part of the holy and natural rhythm of life. As you recognize the holy in everything you do, every breath becomes a sacred act. (pronounced ca-who-ah-chee)
PE22..... 1/2 oz..... \$13.99

Pachacamac The Value of Polarity. Opposites are present in all physical reality: Positive-Negative, Male-Female, Day-Night, Hot-Cold, Right-Wrong... there are many more. These can be perceived as unfriendly and antagonistic, or as two sides of the same coin - this AND that rather than this OR that. Remember, the universe is subjective and sees only what is, free of judgment. Embrace this innocent perception for yourself. When you notice an opposite or shadow side, within yourself or reflected from a person or situation outside of you, observe your emotional response and see what the experience is there to teach you. Know it is a part of you striving to be heard and recognized, appreciated and healed. Forgive yourself and others and ask for the truth to be revealed to you. Without compromising your integrity, embrace it all, use what works for you, and let go of what does not. Feel the sense of peace that comes as you open to this "other-ness". Allow its expression and make it uniquely your own. (pronounced 'pat-cha-kaa-mac)
PE23..... 1/2 oz..... \$13.99

Southern Cross Bridging Heaven and Earth. This is a passageway to the upper world and a gateway for communing with the Star Beings. Unify the worlds you know within and beyond yourself, embracing all and excluding none. Discordant and incongruent energies fall away as you reclaim unity and wholeness. The Universe has the power to heal your emotional wounds – use this gateway to access it.
PE24..... 1/2 oz..... \$13.99